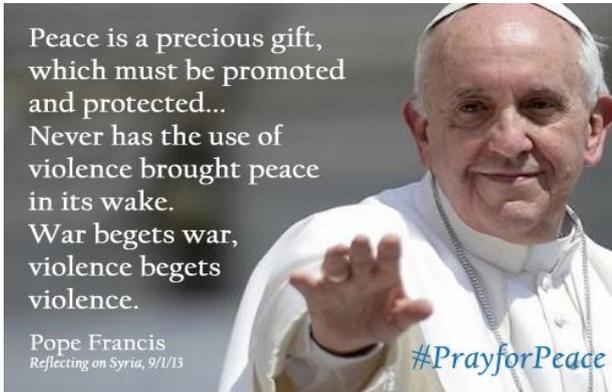


Prayers for March 2026

Pope Leo's Prayer intention – For Disarmament and Peace

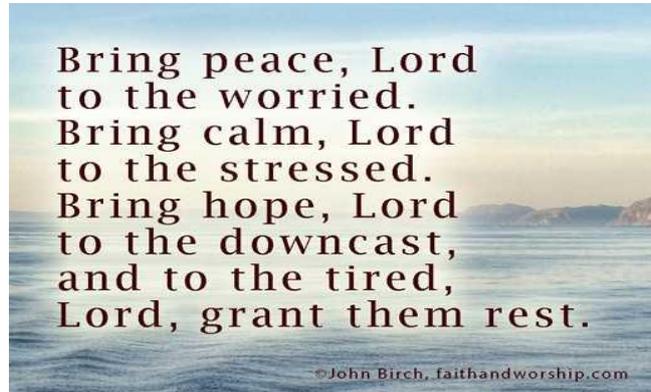
Let us pray that nations move to effective disarmament, particularly nuclear disarmament and that world leaders choose the path of dialogue and diplomacy instead of violence.



Peace is a precious gift, which must be promoted and protected...
Never has the use of violence brought peace in its wake.
War begets war, violence begets violence.

Pope Francis
Reflecting on Syria, 9/1/13

#PrayforPeace



Bring peace, Lord to the worried.
Bring calm, Lord to the stressed.
Bring hope, Lord to the downcast,
and to the tired,
Lord, grant them rest.

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LENT (February 18th ~ April 2nd)



POPE FRANCIS' WORDS

Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill you heart with joy.
- Fast from selfishness and be compassionate to other
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Feast of St. Joseph – March 19th

SLEEPING ST. JOSEPH



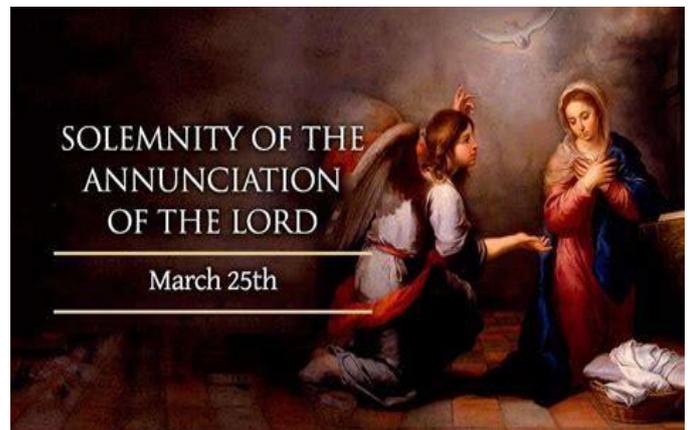
"I would also like to tell you something very personal. I have a great love for St. Joseph, because he is a man of silence and strength. On my table, I have a statue of St. Joseph sleeping. Even when he is asleep, he is taking care of the church! Yes! We know that he can do that. So when I have a problem, a difficulty, I write a little note and I put it underneath Saint Joseph so that he can dream about it! In other words, I tell him: pray for this problem!

Pope Francis

Annunciation – March 25th

SOLEMNITY OF THE ANNUNCIATION OF THE LORD

March 25th



May you find peace, love and the choicest blessings this Lent and always! †